WEEK One new



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Favourites	Crispy Bacon Mac and Cheese topped with Crisp Onion Flakes	Rosemary Roast Pork with Crispy Crackling	Chicken Chow Mein Served with sesame fried noodles	Rogan Josh Chicken Curry, Coconut Rice, Mango Chutney	Crispy Fish Friday Handmade Battered Fish, Lemon & Tartare Sauce
Veggie/Vegan	Mac and Cheese topped with slow Roasted tomatoes	Baked Gnocchi with a mushroom and Chive Creamy sauce	Authentic Vegetable Chow mien	Rogan Josh Chickpea curry, Coconut scented rice and mango chutney	Fishless fish fingers Vegan sausage rolls
Sides and Add On's	Homemade Garlic Bread Green Garden Salad Coleslaw	Cauliflower cheese Roast Potato's Honey roasted parsnips and carrots Sage Stuffing, Yorkshire pudding Pigs in blankets and Onion Gravy	Soya roast Broccoli Prawn Crackers	Poppadoms Cucumber Riata Garlic scented Naan Bread Roast sweet potato and corn	Baked Beans or mushy peas Onion Rings, house chips Crispy bacon, cheese Fresh Garden Salad
Chef's Grab and Go!	Southern fried Chicken Goujon wraps	Roast Pork filled Yorkshire Pudding with Caramelised onion gravy, Sage stuffing and pigs in blankets	Chinese Chicken Wrap	Curried chicken Naanwich with julienne peppers, red onions and carrots	Southern fried chicken burgers
Jacket Bar and Pasta Bar	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese
tuck	Beef burgers Panini Pizza Chicken goujons	Katsu chicken	Yorkshire wraps	hotdogs	S.F chicken

WEEK Two new



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Favourites	Smoked Chicken , Sundried tomato, Basil Pesto and feta pasta	Smoked Paprika roasted Chicken Leg Quarters	Smokey BBQ pulled pork Warm Antipasto potato salad with fresh basil, roast cocktail tomato`s and red onions	Tradition South African Bobotie, Curried mince topped with Creamy Golden Egg Custard	Crispy Fish Friday Handmade Battered Fish, Lemon & Tartare Sauce
Veggie/Vegan	Margarita Pizzas or Vegan Sheez Pizza	Baked Gnocchi with a mushroom and Chive Cream Sauce	Warm Antipasto potato salad with BBQ Quorn fillets	Vegetable Bobotie Curried veggie mince topped with Creamy Golden Egg Custard	Fishless Fish fingers Or Vegan Sausage Rolls
Sides and Add On's	Coleslaw Baked potato wedges Green Salad Homemade Garlic Bread	Roast Potato's Honey roasted parsnips and carrots Sage Stuffing, Yorkshire pudding Pigs in blankets and Onion Gravy	Vegetable ratatouille Green Garden Salad Coleslaw	Honey glazed sliced carrots Garlic bread	Baked Beans or Mushy Peas Onion Rings, House Chips Crispy Bacon, Cheese Fresh Garden Salad
Chef's Grab and Go!	Pizza Bar with Meaty Feasts or Margaritas	Roast chicken filled Yorkshire Pudding with Caramelised onion gravy Sage stuffing and pigs in blankets	BBQ flavoured Pulled pork baps	BBQ outside Vetkoek with savoury mince and cheese	Southern fried chicken burgers
Jacket Bar and Pasta Bar	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese
	Meatball subs	S.F chicken goujon wraps	Yorkshire wraps	Chilli wedges	S.F chicken

WEEK Three new



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Favourites	Smokey Carbonara pasta	Rosemary Roast Pork with Crispy Crackling	Chicken Satay served with steamed coconut rice and Grilled pak choi	Italian Beef Lasagne, Basil & Parmesan	Crispy Fish Friday Handmade Battered Fish, Lemon & Tartare Sauce
Veggie/Vegan	Veggie Carbonara pasta	Baked Gnocchi with a mushroom and Chive Cream Sauce	Vegetable spring rolls served with steamed coconut rice Grilled pak choi	Roasted Vegetable Lasagne with Crumb Topping	Fishless Fish fingers Or Vegan Sausage Rolls Deep Fried Halloumi
Sides and Add On's	Green Beans Garlic bread Green Salad	Roast Potato's Honey roasted parsnips and carrots Sage Stuffing, Yorkshire pudding Pigs in blankets and Onion Gravy	Vegetable spring rolls Garlic bread	Green Salad, Grilled Corn on the Cob Homemade Garlic Bread	Baked Beans or Mushy Peas Onion Rings, House Chips Crispy Bacon, Cheese Fresh Garden Salad
Chef's Grab and Go	BBQ pork meatball subs	Honey Roasted Gammon filled Yorkshire Pudding with Caramelised onion gravy, Sage stuffing and pigs in blankets	Chicken satay skewer	Beef Chilli promotion	Southern fried chicken burgers
Jacket Bar and Pasta Bar	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauces and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese
	hotdogs	Katsu chicken	Yorkshire wraps	BBQ Chicken leg and wedges	SF chicken

WEEK Four new



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Favourites	Spaghetti and meatballs in basil scented tomato sauce	Smoked Paprika roasted Chicken Leg Quarters	Lamb kofta tray bake with red onion, capsicum and minted yoghurt, served with sauteed sliced potatoes	Jerk chicken served with Bombay spiced potatoes	Crispy Fish Friday Handmade Battered Fish, Lemon & Tartare Sauce
Veggie/Vegan	Veggie tomato pasta	Baked Gnocchi with a mushroom and Chive Cream Sauce	Veggie kofta on pita bread drizzled with minted yoghurt and tzatziki	Margarita Pizzas or Vegan Vegetable and Sheez Pizza	Fishless Fish fingers Or Vegan Sausage Rolls Deep Fried Halloumi
Sides and Add On's	Green Beans Garlic bread Green Salad	Roast Potato's Honey roasted parsnips and carrots Sage Stuffing, Yorkshire pudding Pigs in blankets and Onion Gravy	Coleslaw Pita bread Green Salad Homemade Garlic Bread	Coleslaw Baked potato wedges Green Salad Homemade Garlic Bread	Baked Beans or Mushy Peas Onion Rings, House Chips Crispy Bacon, Cheese Fresh Garden Salad
Chef's Grab and Go	Beef burger promotion	Roast chicken filled Yorkshire Pudding with Caramelised onion gravy Sage stuffing and pigs in blankets	Lamb kofta with pita bread drizzled with tzatziki and minted yoghurt	Pizza Bar with Meaty Feasts or Margaritas	Southern fried chicken burgers
Jacket Bar and Pasta Bar	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese	Baked Potatoes with choice of Bean, Coleslaw or Tuna Mayo Pasta with Chef's choice of two Sauce and Cheese
	Pulled pork bagels	SF goujon wraps	Yorkshire wraps	Meatball subs	SF chicken